



# STOP MALE SUICIDE.

Male Suicide Prevention

## GATEKEEPER TRAINING

### WHAT PARTICIPANTS LEARN

**TOPIC 1: The pathways to male suicide:**

which men and boys are most at risk of suicide and why?

**TOPIC 2: How to spot a man with a suicide**

**plan:** and know what action you can take.

**TOPIC 3: To talk or not to talk:**

understanding the ways men cope and how to work with masculine strengths to help men get help.

**TOPIC 4: Keeping suicidal men safe:**

a solution-based approach to help stop male suicide.

### ↑ OVERVIEW

Suicide kills six Australian men a day and costs the economy an estimated \$13.75B. Men are three times more likely to take their own lives but less likely than women to report feeling suicidal, making it more difficult to identify and help men at risk. If you want to learn how you can help prevent male suicide, this course will give you the knowledge, the skills and the confidence you need to identify men at risk, talk with them about suicide and point them in the right direction.

### ↑ AUDIENCE

Community workers and volunteers, health and social care professionals, people working with men and boys.

### ↑ DURATION 8 hours

### ↑ STRUCTURE

Interactive presentation, demonstrations and practical exercises and Q&A.

### ↑ COST From \$2,500 In-House



For more information contact

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## ABOUT US

Stop Male Suicide is a training and development project that uses a five-step model to help leaders, innovators and changemakers to take action to save men's lives.

We're committed to building Australia's capacity to stop male suicide by providing male suicide prevention training to communities around the country.

In November 2017, we hosted the first National Male Suicide Prevention conference in line with our commitment to promoting best practice approaches to preventing male suicide.

## THE TRAINER

Glen Poole has 20 years' experience working with men and boys in the UK and Australia. He is a leading authority on men's issues, founder of the Stop Male Suicide project and author of the book *You Can Stop Male Suicide*. As well as hosting the first National Male Suicide Prevention Conference in Sydney in November 2017, Glen has delivered presentations on male suicide prevention at various conferences in the UK and Australia. In 2019 he was invited to become a member of the Expert Advisory Group working with the Prime Minister's National Suicide Prevention Advisor.

## WHAT PARTICIPANTS GAIN

Attendees consistently report increased awareness of the risk factors for male suicide, greater confidence in their ability to identify and help men at risk of suicide and more knowledge about how, when and where to refer men at risk of suicide.

## WHAT PARTICIPANTS SAY...

"I thought the training was awesome. I have a friend in a bad space and I have already had a conversation with him since the training. He really appreciated the connection and is struggling so we have had a couple of chats and will continue to do so. Thank you for giving me that confidence."

*Government Employee, Tasmania, March 2017*

### Terms & Conditions

1. The prices listed in this document are estimates and do not constitute a quote. Additional fees may be charged for travel and overnight accommodation.
2. The estimated prices listed in this document are based on a minimum of four participants and a maximum of 12 participants. Additional participants, up to a combined total of 20 people, can be included at a charge of \$150 per additional person.
3. For in-house training, the customer is responsible for providing a suitable training venue, relevant equipment to be agreed in advance and catering as required.
4. The Stop Male Suicide project owns all material, documentation and reports and other deliverables produced or delivered to the Customer throughout the entire process of delivering training services.
5. Bookings cannot be confirmed until full payment is received in full at least one calendar month before the course date.
6. Courses cancelled more than three calendar months before the course date receive a 100% refund; courses cancelled less than three calendar months before the course date receive a 50% refund; courses cancelled less than one calendar month before the course date are not refunded.
7. Courses cancelled less than three months before the course date will incur a fee of 50% of the full course cost of the training charge and a session cancelled more than three months in advance will incur a \$55 administration fee.
8. In the event of the customer cancelling a course, all travel and accommodation fees incurred by the trainer in relation to the course will also be charged to the client.
9. The Stop Male Suicide project reserves the right to cancel any event up to 14 days prior to the agreed date. Where cancellation occurs, the Stop Male Suicide project will provide (where possible) alternative dates or a full refund. The Stop Male Suicide project will not be responsible for consequential costs or any travel related expenditure resulting from cancelled courses.
10. The course is NOT to be used as a substitute for medical advice, counselling, or other health-related services or as a replacement for the services of a trained medical or mental health professional. Nor does the training qualify participants to provide any form of medical or therapeutic service.