



# STOP MALE SUICIDE.

Male Suicide Prevention

## CONVERSATION STARTER

### WHAT PARTICIPANTS LEARN

**TOPIC 1: Fact and Fiction:** addresses the key facts about male suicide in Australia and busts some of the common myths.

**TOPIC 2: The Pathways to Male Suicide:** which men and boys are most at risk of suicide and why?

**TOPIC 3: Talking About Male Suicide:** when is it okay to talk to others about suicide?

**TOPIC 4: Taking Action to Stop Male Suicide:** four simple actions everyone can take to help stop male suicide.

### ↑ OVERVIEW

Suicide kills six Australian men a day and costs the economy an estimated \$13.75B. Men are three times more likely to take their own lives but less likely than women to report feeling suicidal, making it more difficult to identify and help men at risk. Suicide, mental health and men's issues in general are still surrounded by stigma and taboo, but this is changing. Many people are ready to talk about these issues and our Conversation Starter events make it easier for people to talk about male suicide.

### ↑ AUDIENCE

Community workers and volunteers, general public, people working with men and boys.

### ↑ DURATION 60-90 minutes

### ↑ STRUCTURE

30 minute talk with facilitated conversation

### ↑ COST From \$500 In-House



For more information contact

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## ABOUT US

Stop Male Suicide is a training and development project that uses a five-step model to help leaders, innovators and changemakers to take action to save men's lives.

We're committed to building Australia's capacity to stop male suicide by providing male suicide prevention training to communities around the country.

In November 2017, we hosted the first National Male Suicide Prevention conference in line with our commitment to promoting best practice approaches to preventing male suicide.

## THE TRAINER

Glen Poole has 20 years' experience working with men and boys in the UK and Australia. He is a leading authority on men's issues, founder of the Stop Male Suicide project and author of the book *You Can Stop Male Suicide*. As well as hosting the first National Male Suicide Prevention Conference in Sydney in November 2017, Glen has delivered presentations on male suicide prevention at various conferences in the UK and Australia. In 2019 he was invited to become a member of the Expert Advisory Group working with the Prime Minister's National Suicide Prevention Advisor.

## WHAT PARTICIPANTS GAIN

People who attend our Conversation Starter events value the opportunity to learn more about male suicide, to express their views in an open, friendly setting and find out what action they can take to stop male suicide.

## WHAT PARTICIPANTS SAY...

"It was absolutely brilliant! Really, the best event I ever visited about this important topic."

*Charity Worker, Sydney, May 2017*

"Very insightful, relaxed friendly atmosphere, challenged me be more proactive re suicide prevention".

*Welfare Officer, Sydney, May 2017*

### Terms & Conditions

1. The prices listed in this document are estimates and do not constitute a quote. Additional fees may be charged for travel and overnight accommodation.
2. The estimated prices listed in this document are based on a maximum of 50 participants. Groups over 50 people may incur additional costs.
3. For in-house events, the customer is responsible for providing a suitable venue, relevant equipment to be agreed in advance and catering as required.
4. The Stop Male Suicide project owns all material, documentation and reports and other deliverables produced or delivered to the customer throughout the entire process of delivering training services and community events.
5. Bookings cannot be confirmed until full payment is received in full at least one calendar month before the event date.
6. Events cancelled more than three calendar months before the event date receive a 100% refund; events cancelled less than three calendar months before the event date receive a 50% refund; events cancelled less than one calendar month before the event date are not refunded.
7. In the event of the customer cancelling an event, all travel and accommodation fees incurred by the facilitator in relation to the event will also be charged to the client.
8. An event which is cancelled by the customer and can be rescheduled will incur an administrative charge of \$100.
9. The Stop Male Suicide project reserves the right to cancel any event up to 14 days prior to the agreed date. Where cancellation occurs, the Stop Male Suicide project will provide (where possible) alternative dates or a full refund. The Stop Male Suicide project will not be responsible for consequential costs or any travel related expenditure resulting from cancelled events.
10. The event is NOT to be used as a substitute for medical advice, counselling, or other health-related services or as a replacement for the services of a trained medical or mental health professional. Nor does the event qualify participants to provide any form of medical or therapeutic service.